

# TOUR TO ISRAEL PACKING LIST

(Use one column for going and one for coming home)

DOCUMENTS		MONETARY	
	Passport		\$12 to \$15 US or 40 to 50 ILS for Lunches per Day
	Visa (Canadians do not need a Visa for entry)		Spending Money
	Airline Ticket		Debit Card
	Medical and/or Travel Insurance Card		Credit Card
	Photocopy of Passport & Travel Documents		Photocopies of Debit/Credit Cards
	Copy of Emergency Contact Info		Bank Contact Info
	Copy of Medical History & Prescriptions		Wallet or Money Pouch/Belt
CLOTHING		ACCESSORIES	
	Pants/Trousers/Jeans		Comfortable Walking Shoes
	Shorts/Capris/Skirts		Water Shoes/Flip-flops for Dead Sea
	Tops/T-Shirts		Belt
	Sweater/Light Jacket/Rain Coat		Hat
	Undergarments		Sunglasses & Sunglasses Case
	Socks		(Reading) Glasses & Case / Contacts & Solution
	Sleepwear/Loungewear		Knapsack/Bag/Purse
	Swimsuit		Jewelry
HYGIENE & BEAUTY		MEDICINE / FIRST-AID	
	Toothbrush, Toothpaste, Floss, Mouthwash		Medications/Prescriptions
	Deodorant/Anti-perspirant		Motion-sickness, Nausea and Diarrhea Remedies
	Soap (hotels also provide)		Pain/Fever, Allergy Reliever
	Shampoo & Conditioner (hotels also provide)		Vitamins
	Hair Products (Gel/Mousse) & Brush/Comb		Sunscreen
	Razor & Shaving Cream		First-aid Kit (Band-aids, antibiotic ointment, etc.)
	Make-up		Small Packet of Tissues
	Lip Balm		Cotton Swabs
	Facecloth(s)		Tweezers
	Nail Scissors/Clippers and/or Nail File		Anti-Bacterial Hand Gel
ELECTRONICS		MISCELLANEOUS	
	Outlet Adapter with North American Power Bar (purchase adapter at your local dollar store)		<i>For Airplane:</i> Earplugs, Neck Pillow, Sleep Mask, Reading Material, Sealable Baggies for Carry-on Liquids
	Cell Phone		Bible & Journal/Diary/Notepad & Pen
	Laptop		Sealable Baggies for Wet Items (Laundry/Swimsuit)
	Chargers		Stain Remover & Laundry/Plastic Bag
	Headphones		Snacks
	Travel Alarm Clock		House Keys for Your Return Home